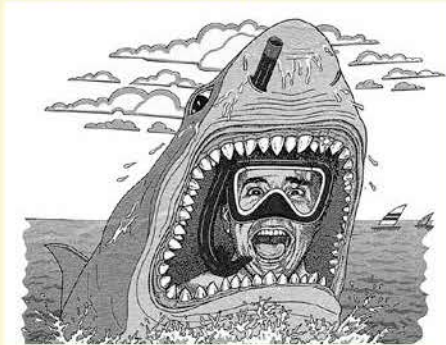


**Budget Crunch?  
Snorkel Bob Cares!**



# SNORKEL BOB'S—OAHU

**Aloha**--Keep these tips in mind for the safest snorkel fun. v0123

**OAHU:** Honolulu, near Waikiki, on the way to Hanauma Bay (808)735-7944

**MAUI:** Wailea, 100 Wailea Ike Drive, next to Manoli's 874-0011

South Kihei, Kamaole Beach Shopping Center 879-7449

N. Kihei, in Azeka 2 Shopping Center 875-6188

Lahaina, 1217 Front St. next to Jesus Coming Soon 661-4421

Honokowai, L. Honoapiilani Hwy, Honokowai Market Place 667-9999

Kahana, 4405 Honoapiilani Hwy, Kahana Gateway Center 446-3585

Napili, in Napili Village, near Kaanapali & Kapalua 669-9603

**KONA:** Big Island, next to the Royal Kona Resort on Alii Drive 329-0770

Big Island, Kohala Coast/Waikoloa @ The Shops at Mauna Lani 885-9499

**KAUAI:** Kapaa, just past Coconut Mrkt. Place on Kuhio Hwy. 823-9433

## SAFETY & HEALTH

DO NOT LEAVE VALUABLES IN CAR!

- 1) Snorkeling is a buddy sport. You help your buddy. She helps you.
- 2) Never turn your back on the ocean. A big wave is crashing behind you.
- 3) Watch surf, current & surge on reefs/rocks. Snorkel meditation takes 5 minutes minimum.
- 4) Avoid wana ("vonna")--black sea urchin. Your snorkel 1st aid kit: peroxide, antibiotic ointment & cigarettes-- tobacco stops most stings. So does making shishi on sting, but I, SB, know that this can really test a friendship.
- 5) Enter and exit from a sandy beach area.
- 6) Never swim against a current. Swim diagonally across it.
- 7) Avoid snorkeling at dusk or dawn (gray light). Avoid murky water.
- 8) Friends don't let friends snorkel drunk or in strong wind.
- 9) Duck or dive under breaking waves to avoid their force. Don't try to jump over them or turn your back to them.
- 10) Check with lifeguard on conditions before going in.

**Snorkeling = Relaxation.** Tension is dense & wants to sink; relaxation is buoyant. Breathe slow, deep & easy. Kicking is also relaxed, knees fairly straight. Your snorkel WILL FILL WITH WATER on a free dive--you will expel the water as you break the surface and shoot the pea through the shooter. You will continue to the face-down snorkel position and, if you did it right, your inhale will be uneventful. If you did it wrong (choke, snuk, glug) you may want to try again.

Undertow, cross-current & tide-rip are EZ to avoid. Use your degree as necessary. IF they embrace: RELAX. They will tire & let you go as your mother once did. If breaking waves come out of nowhere, don't try to beat them in--stay outside until the set (of waves) runs its cycle. Ocean emotions soon return to peace & love. Most days are serene. Snorkel meditation is a growth opportunity.

## SOME SNORKEL BEACHES:

### South Shore

**Hanauma Bay Marine Life Conservation District** is east on H-1. The Freeway becomes 72--follow your nose, eyes open. It's fishy with a snack bar & 2 shishoir. Closed on Monday & Tuesday. \$25+\$3/parking.

**Waikiki Marine Life Conservation District** is before the Natatorium. EZ access from Queen's Beach but snorkel left toward the Natatorium.

**Sans Souci** is just past Waikiki. Don't turn left on Kapahulu--follow Kalakaua toward Diamond Head (east). Just past the Natatorium is Sans Souci beach. Good snorkeling out to the left.

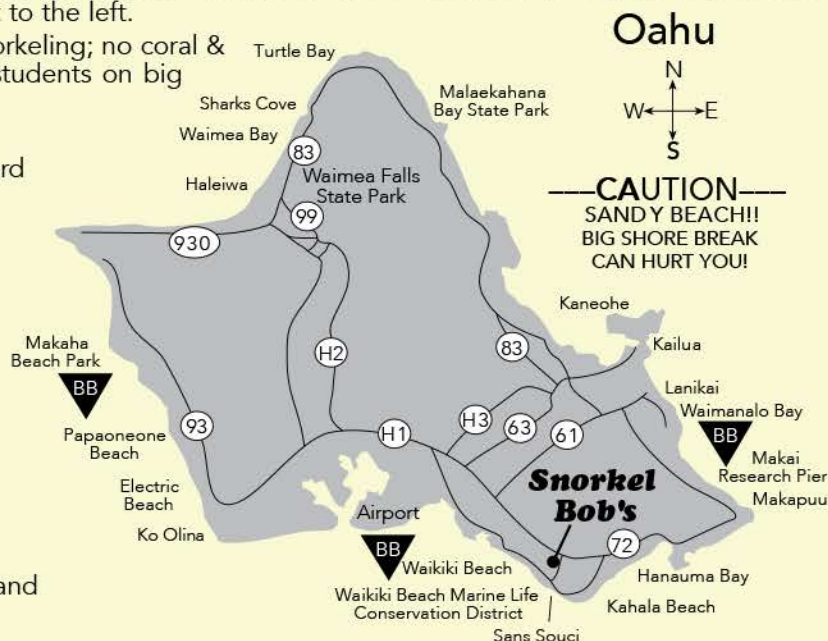
**Waikiki Beach** is great for ogling but marginal for snorkeling; no coral & no rock habitat. Good for boogie, but beware surf students on big boards with no control.

### Leeward Coast

**Ko Olina** is an exit at the end of H-1 west. Tell the guard shack you're going to the beach. Snorkel one of the 4 sheltered coves. Best & most fishy is Cove 1 at the Ihilani Hotel.

**Electric Beach** (Kahe Pt.) is the 1st roadside beach on this coast. Past H-1 west to where it becomes Hwy 93, across from the old green power plant. Nice reef wall along the point.

**Papaoneone Beach** is farther on 93, 1/4 mile past the 7-11. Go left at Lahilahi St & park roadside by the condos--beach access is between them. The rocks on the left jut 75 yards. Snorkel inside for white sand, many fish & clear water. No lifeguard but many other swimmers and snorkelers. No facilities--LOOKOUT FOR BIG SURF!





**Makaha Beach Park** is farther out 93. Lifeguards here, 9-5:30. I, SB head out 50 yards and turn right for thick fish traffic. Good for boogie too, except when the surf is BIG!

#### **Windward Side and North Shore**

**Makai Research Pier** is 5.1 miles past Hanauma Bay going east on 72. Park and snorkel on the west side of the pier—ingress & egress from the beach. A LIVE reef here with plenty fish.

**Lanikai Beach** is good for swimming & snorkeling with miles of great beach. Windsurfers here, so watch out. Beach access is between homes.

**Malaekahana Bay State Park** (Goat Island) is on 83, 24.1 miles past 63 going north. It's a long beach with a reef & postcard pretty islet just off the beach that you may swim to.

**Turtle Bay** is on 83, 30 miles past 63 going north. Turn right at Turtle Bay Resort & right again at the security shack.

**Shark's Cove and 3 Tables** are part of Pupukeya Marine Life Conservation District in the heart of the North Shore—BEWARE October through April—KILLER SURF & CURRENTS. You can break your toe just sticking it in the water. It's that rough, and I, Snorkel Bob, mean really.

**Your fellow snorkelers** know many other spots on the great snorkel byway. Always ask about parking, surf, surge, current, visibility, fish life & safety.

### **Boogie beaches change daily—North Shore breaks big in Winter. South Shore is big in Summer. BOOGIE BOARDERS BEWARE! SHORE BREAK CAN BREAK YOU!**

You must meditate the break, the rocks and current before body boarding or body surfing.

**PELE, VOLCANO GODDESS**, is crater fire, a Lehua flower or a hag. Moody as Wife 1, she casts a foul spell if you take lava from Hawaii. Misfortune befalls those who cross her. Don't mess with Pele. The penalty for taking coral or sea creatures is worse than alimony, child support AND counseling on substance abuse.

#### **SNORKEL BOB'S REEF ETIQUETTE TIPS:**

- 1) Don't stand on, walk on or touch coral. Each tiny polyp is a delicate animal.
- 2) Adjust your mask strap BEFORE going in. Be aware of your fins at all times.
- 3) Feeding marine life disrupts the natural balance.
- 4) Pick up trash & plastic. Sea turtles see plastic bags as jellyfish—try to eat.
- 5) Take monofilament line & net from beach & water. Turtles & others get tangled. If you see snagged mono, pull it out gently & put it in a trash can.
- 6) SUNSCREEN KILLS CORAL. Sunblock shirt & swim cap will protect upper-body & scalp. I, Snorkel Bob, got'um. Avoid sunscreens containing oxybenzone and octinoxate.
- 7) Don't pursue sea turtles. Pursuing or touching a turtle may lead to citation, court, fine & custody.
- 8) Blow the whistle. Maiming fish, touching turtles or fishing in a preserve should be reported to the Division of Conservation & Resources Enforcement (Docare), (808)587-0077.
- 9) Don't buy coral or shells—most marine curious were taken live, killed for novelty. AVOID dried puffers & seahorses. You can also decline the shell lei given at most luaus—comments to luau management may help.
- 10) Love a reef. Regular snorkeling teaches reef health & fish count. Watch for algae bloom & pollution. Report deterioration to any Snorkel Bob's in Hawaii or snorkelbob.com.
- 11) Aquarium collectors decimate our reefs.
- 12) Don't eat reef fish. The ciguatera neurotoxin inhibits a pulmonary enzyme in humans, causing asphyxiation & itch. Have a nice day. I mean, really. Only the ogre under the bridge would see a little yellow tang, a wrasse or damsel & think of breadcrumbs & a light meunière sauce.
- 13) Assume stewardship. Spearguns are for deep water only. If you feel threatened, call 911. Nets are not allowed on protected reefs. DOCARE enforcement: (808)587-0077.

**SUGAR DONUT** is what I, Snorkel Bob, call the finest snorkel mask in the world, dipped in sand. UNEVOLVED is what I, Snorkel Bob, call a snorkeler who makes sugar donuts. \$3 what I, Snorkel Bob, charge for sugar donuts. HELP ME, SNORKEL BOB, KEEP YOUR TOP QUALITY GEAR TOP QUALITY!?!#%!

**ALTERNATIVES:** You may return your gear to the BIG ISLAND (Kona, Mauna Lani) or MAUI (Napili, Lahaina, Honokowai, Kihei, Wailea) or KAUAI (Koloa, Kapaa) or OAHU. And it's FREE! Because LOVE means not having to pay twice, no matter how often you want to snorkel. If you'd rather not schlep your gear to the next island, our \$5 Interisland Pick Up (IPU) service will have a fresh set ready for you.

**DON'T FORGET**—Snorkel Bob's, snorkelbob.com & The Snorkel Bob Foundation exposed aquarium trade devastation on Hawaii reefs—unlimited catch and catchers, and 99% die in a year instead of living to 40 years on a reef. 80% of the catch are herbivores, exposing Hawaii reefs to algae. SEE: *Neptune Speaks* and *Dragon Walk* (Skyhorse, NY), *Reef Libre* (Rowman Littlefield, MD) or visit The Reef Gallery at 1217 Front St., Lahaina.

**24 HOUR EXPRESS GEAR RETURN!**

**COMBINATION: S-B-C**