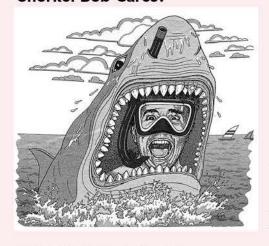
Budget Crunch? Snorkel Bob Cares!



SNORKEL BOB'S—MAUI

Alona	Keep these tips in mind for the safest shorkel fun	. 10123
/IAUI:	Wailea, 100 Wailea Ike Drive, by Manoli's (80	8) 874-0011
	South Kihei, Kamaole Beach Shopping Center	879-7449
	North Kihei, in Azeka 2 Shopping Center	875-6188
	Lahaina, 1217 Front St. by Jesus Coming Soon	661-4421
	Honokowai, L. Honoapiilani Road, Honokawai Market Place	667-9999
	Kahana, 4405 Honoapiilani Hwy, Kahana Gateway Center	446-3585
	Napili, in Napili Village, near Kaanapali & Kapalua	669-9603
(ONA:	Big Island, next to the Royal Kona Resort on Alii Drive	329-0770
	Big Island, Kohala Coast/Waikoloa @ The Shops at Mauna Lani 885-9499	
DAHU:	Honolulu, near Waikiki, on the way to Hanauma Bay	735-7944

Website
Weather & Marine Forecast

snorkelbob.com (866) 944-5025

823-9433

742-2206

SAFETY AND HEALTH

DO NOT LEAVE VALUABLES IN CAR!

Kapaa, just past Coconut Mrkt. Place on Kuhio Hwy in Kapaa

Koloa, on Poipu Beach Rd just south of Old Koloa Town.

- 1) Snorkeling is a buddy sport. You help your buddy. She helps you.
- 2) Never turn your back on the ocean. A big wave is crashing behind you.
- 3) Watch surf, current & surge on reefs/rocks. Snorkel meditation takes 5 minutes minimum.

KAUAI:

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- 4) Avoid wana ("vonna")-black sea urchin. Your snorkel 1st aid kit: peroxide, antibiotic ointment & cigarettes— tobacco stops most stings. So does making shishi on sting, but I, SB, know that this can really test a friendship.
- 5) Enter and exit from a sandy beach area.
- 6) Never swim against a current. Swim diagonally across it.
- 7) Avoid snorkeling at dusk or dawn (gray light). Avoid murky water.
- 8) Friends don't let friends snorkel drunk or in strong wind.
- 9) Duck or dive under breaking waves to avoid their force. Don't try to jump over them or turn your back to them.
- 10) Check with lifeguard on conditions before going in.

Snorkeling = Relaxation. Tension is dense & wants to sink; relaxation is buoyant. Breathe slow, deep & easy. Kicking is also relaxed, knees fairly straight. Your snorkel WILL FILL WITH WATER on a free dive—you will expel the water as you break the surface and shoot the pea through the shooter. You will continue to the face-down snorkel position and, if you did it right, your inhale will be uneventful. If you did it wrong (choke, snuk, glug) you may want to try again.

Undertow, cross-current & tide-rip are EZ to avoid. Use your degree as necessary. IF they embrace: RELAX. They will tire & let you go as your mother once did. If breaking waves come out of nowhere, don't try to beat them in—stay outside until the set (of waves) runs its cycle. Ocean emotions soon return to peace & love. Most days are serene. Snorkel meditation is a growth opportunity.

Some Snorkel Spots:

West (Kapalua, Napili, Kahana, Kaanapali, Honokowai, Lahaina)

Black Rock at the Sheraton Kaanapali is clear with a sandy bottom out to 30' deep. Turtles graze there. **Old Airport** is where the old airport used to was. Shoreline access is on Kai Ala Drive off Hwy 30. Facilities & parking with a sandy beach make this a good spot for watching fish while sucking air through a plastic tube.

Napili Bay is behind me, Snorkel Bob, in Napili. Sandy beach & blue water make it home for millions. Exit at Napili off Hwy 30, go down to the stop sign & then right for ½ mile.

Kapalua Bay is ¼ mile past Snorkel Bob's, Napili, on lower Honoapiilani Rd. Take the 1st left after Napili Kai Beach Resort. Use the stairs by the restrooms & showers.

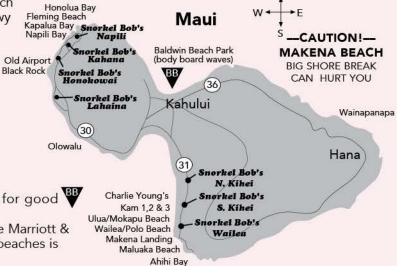
Olowalu is between Kihei & Lahaina at Mile Marker 14. This prolific reef will keep you busy.

South (Kihei, Wailea, Makena)

Charley Young's is at the rocks at the north end of Kam 1. **Kams 1, 2 & 3** on S. Kihei Road have facilities. Lava

outcroppings between the Kamaole Beach Parks make for good snorkeling.

Ulua/Mokapu Beach is off Wailea Alanui Drive between the Marriott & Andaz hotels. The lava rock outcropping between the two beaches is prolific habitat. Parking & facilities.



Polo Beach—turn right down to the beach just past the Fairmont Kealani on Wailea Alanui Dr.

Makena Landing is past M akena Surf. Look for blue Makena Landing sign on right. Turn right on Honoiki St., then right at STOP sign. Turn left into Makena Landing parking. Enter at sandy inlet, snorkel right.

Maluaka Beach is off Makena Alanui Dr. When 4 lanes become 2, look left for tennis courts. Continue 1/4 mile, turn R on Keonionio Rd. From parking lot, take beach path past restrooms & showers. Enter left from the beach & cruise out left to 20' for turtles

Makena Beach State Park (Big Beach) is beauteous but Danger! SHORE BREAK CAN HURT YOU! (neck, shoulder, head!) I, Snorkel Bob, do NOT recommend Makena Beach for snorkeling or bodyboarding.

Ahihi Bay Marine Reserve is past hotels and Makena. Road narrows along coastline. Look for Ahihi Kinau sign and, "parking lot ¼ mile ahead." Drive past the bay, park. Snorkel the bay or at Dumps near parking. \$5 parking, look for kiosk at entrance, credit cards only.

The Great Snorkel Byway is profuse. Always ask about surf, surge, current, visibility & safety.

Boogie beaches change daily—North Shore breaks big in Winter. South Shore is big in Summer. BOOGIE BOARDERS BEWARE! SHORE BREAK CAN BREAK YOU!

You must meditate the break, the rocks and current before body boarding or body surfing.

PELE, VOLCANO GODDESS, is crater fire, a Lehua flower or a hag. Moody as Wife 1, she casts a foul spell if you take lava from Hawaii. Misfortune befalls those who cross her. Don't mess with Pele. The penalty for taking coral or sea creatures is worse than alimony, child support AND counseling on substance abuse.

SNORKEL BOB'S REEF ETIQUETTE TIPS:

- 1) Don't stand on, walk on or touch coral. Each tiny polyp is a delicate animal.
- 2) Adjust your mask strap BEFORE going in. Be aware of your fins at all times.
- 3) Feeding marine life disrupts the natural balance.
- 4) Pick up trash & plastic. Sea turtles see plastic bags as jellyfish—try to eat.
- 5) Take monofilament line & net from beach & water. Turtles & others get tangled. If you see snagged mono, pull it out gently & put it in a trash can.
- 6) SUNSCREEN KILLS CORAL. Sunblock shirt & swim cap will protect upper-body & scalp. I, Snorkel Bob, got'um. Avoid sunscreens containing oxybenzone and octinoxate.
- 7) Don't pursue sea turtles. Pursuing or touching a turtle may lead to citation, court, fine & custody.
- 8) Blow the whistle. Maiming fish, touching turtles or fishing in a preserve should be reported to the Division of Conservation & Resources Enforcement (DOCARE): (808) 873-3990.
- 9) Don't buy coral or shells—most marine curious were taken live, killed for novelty. AVOID dried puffers & seahorses. You can also decline the shell lei given at most luaus—comments to luau management may help.
- 10) Love a reef. Regular snorkeling teaches reef health & fish count. Watch for algae bloom & pollution. Report deterioration to any Snorkel Bob's in Hawaii or snorkelbob.com.
- 11) Aquarium collectors decimate our reefs.
- 12) Don't eat reef fish. The ciguatera neurotoxin inhibits a pulmonary enzyme in humans, causing asphyxiation & itch. Have a nice day. I mean, really. Only the ogre under the bridge would see a little yellow tang, a wrasse or damsel & think of breadcrumbs & a light meunière sauce.
- 13) Assume stewardship. Spearguns are for deep water only. If you feel threatened, call 911. Nets are not allowed on protected reefs. DOCARE enforcement: (808) 873-3990.

SUGAR DONUT is what I, Snorkel Bob, call the finest snorkel mask in the world, dipped in sand. UNEVOLVED is what I, Snorkel Bob, call a snorkeler who makes sugar donuts. \$3 what I, Snorkel Bob, charge for sugar donuts. HELP ME, SNORKEL BOB, KEEP YOUR TOP QUALITY GEAR TOP QUALITY!?#%!

ALTERNATIVES: You may return your gear to the BIG ISLAND (Kona, Mauna Lani) or MAUI (Napili, Kahana, Honokowai, Lahaina, Kihei, Wailea) or KAUAI (Koloa, Kapaa) or OAHU. And it's FREE! Because LOVE means not having to pay twice, no matter how often you want to snorkel. If you'd rather not schlep your gear to the next island, our \$5 Interisland Pick Up (IPU) service will have a fresh set ready for you.

DON'T FORGET—Snorkel Bob's, snorkelbob.com & The Snorkel Bob Foundation exposed aquarium trade devastation on Hawaii reefs—unlimited catch and catchers, and 99% die in a year instead of living to 40 years on a reef. 80% of the catch are herbivores, exposing Hawaii reefs to algae. SEE: *Neptune Speaks* and *Dragon Walk* (Skyhorse, NY), *Reef Libre* (Rowman Littledick, MD) or visit The Reef Gallery at 1217 Front St., Lahaina.

COMBINATION: S-B-C